

JOHN M. LITRELL

Professor and Program Chair
Counseling and Career Development
School of Education

225 Education, Colorado State University, Fort Collins, CO 80523-1588

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EDUCATION

- Ed.D. Indiana University, 1975, Counseling and Guidance
Minors: Research Design & Statistics, and Social Psychology
Dissertation: The Effects of Role in Counseling Interviews on Ratings of Causal
Attributions for Behaviors
- M.S. Indiana University, 1974, Counseling and Guidance
- B.A. Kansas State University, 1966, Secondary Education/English

POSITIONS HELD

Colorado State University

- 2005 Professor & Program Chair, Counseling & Career Development, School of
Education
- 2004 Professor, Counseling & Career Development, School of Education

Iowa State University

- 1992-2004 Professor and Program Coordinator of Counselor Education, Department of
Educational Leadership & Policy Studies (previously named Professional Studies)
- 1987-1992 Professor, Department of Professional Studies
- 1982-1987 Associate Professor, Department of Professional Studies
- 1980-1982 Assistant Professor, Department of Professional Studies

Mississippi State University

- 1998 Visiting Professor, Mississippi State University Counseling Program at Roosevelt
Roads Naval Base, Puerto Rico.

Malaysia: Universiti Pertanian Malaysia & Institut Teknologi MARA

- 1985-1986 Fulbright Professor, Kuala Lumpur, Malaysia.

University of North Dakota

- 1975-1980 Assistant Professor, Department of Counseling and Guidance, Grand Forks, ND.

Family Service Agency

1975 Counselor, Lafayette, IN.

Children's Psychiatric Hospital, University of Michigan Medical Center

1968-1971 Child Care Worker, Ann Arbor, MI.

Battle Creek Public Schools

1966-1968 English Teacher, Northwestern Junior High School, Battle Creek, MI.

MAJOR FIELDS OF RESEARCH AND TEACHING*Research*

- Brief counseling as applied in school and community settings
- Models of exemplary school counseling
- Solution-focused counseling
- Cross-cultural counseling
- Metaphoric approaches to graduate studies

Teaching

- Microcounseling skills
- Counseling techniques
- Brief counseling
- Social and cultural issues in counseling
- Counseling practica and internships

HONORS AND AWARDS

2000 Regents Faculty Excellence Award, Iowa State University and the Iowa Board of Regents

1985-1986 Fulbright Professor in Malaysia, Universiti Pertanian Malaysia & Institut Teknologi MARA

BOOKS

Littrell, J. M., & Peterson, J. S. (2005). *Portrait and model of a school counselor*. Boston; Houghton Mifflin/Lahaska Press.

Littrell, J. M. (2001). *Il counseling breve in azione*. Rome, Italy: ASPIC. [Translation of J. M. Littrell's *Brief counseling in action*].

Littrell, J. M. (1998). *Brief counseling in action*. New York: W. W. Norton.

CHAPTERS IN BOOKS

- Littrell, J. M. (2007). Like a stab in the back. In L. B. Golden (Ed.), *Case Studies in Counseling with Older Adults* (pp.). Upper Saddle River, NJ: Pearson Merrill Prentice Hall.
- Carlson, L. A., Vernon, D., & Littrell, J. M. (2007). "Get off my back": Childhood depression. In L. Carlson & S. Dugger (Eds.), *Critical incidents in counseling children* (pp. 3-12). Alexandria, VA: American Counseling Association.
- Hood, A., & Littrell, J. M. (2007). Rex and the magic dinosaur. In L. B. Golden & P. Henderson (Eds.), *Case studies in school counseling* (pp. 33-43). Upper Saddle River, NJ: Pearson Merrill Prentice Hall.
- Littrell, J. (2005). How do we teach pre-service school counselors to deal with being assigned duties not related to counseling? In R. A Sabella (Ed.), *School counseling principles: Foundations and basics* (pp. 245-248). Alexandria, VA: American School Counselor Association.
- Littrell, J. M., & Zinck, K. (2005). Individual counseling: From good to great. In C. Sink (Ed.), *Contemporary school counseling: Theory, research, and practice* (pp. 45-81). Boston: Houghton Mifflin.
- Angera, J. J., & Littrell, J. M. (2004). Internet man. In L. B. Golden (Ed.), *Case studies in marriage and family therapy* (2nd ed., pp. 1-10). Upper Saddle River, NJ: Pearson Merrill Prentice Hall.
- Littrell, J. M., & Zinck, K. (2004). Brief counseling with children and adolescents: Interactive, culturally responsive, and action-based. In A. Vernon (Ed.), *Counseling children and adolescents* (3rd ed., pp. 137-162). Denver, CO: Love.
- Zinck, K., & Littrell, J. M. (2002). A peaceful solution. In L. B. Golden (Ed.), *Case studies in child and adolescent counseling* (3rd ed., pp. 108-117). Upper Saddle River, NJ: Merrill Prentice Hall.
- Angera, J., & Littrell, J. M. (2000). Internet man. In L. B. Golden (Ed.), *Case studies in marriage and family therapy* (pp. 1-10). Upper Saddle River, NJ: Merrill/Prentice-Hall.
- Littrell, J. M. (1999). Employing clothing for therapeutic change in brief counseling. In M. L. Damhorst, K. A. Miller, & S. O. Michelman (Eds.), *The meaning of dress* (pp. 161-167). New York: Fairchild Books.
- Littrell, J. M., & Zinck, K. (1999). Applications of brief counseling with children and adolescents. In A. Vernon (Ed.), *Counseling children and adolescents* (2nd ed., pp. 121-138). Denver, CO: Love.
- Zinck, K., & Littrell, J. M. (1998). War and peace. In L. B. Golden (Ed.), *Case studies in child and adolescent counseling* (2nd ed., pp. 164-173). Upper Saddle River, NJ: Merrill/Prentice-Hall.

Littrell, J. M., & Angera, J. (1998). A solution-focused approach in couple and family therapy. In J. D. West, C. L. Bubenzer, & J. R. Bitter (Eds.), *Social construction in couple and family counseling* (pp. 21-53). Alexandria, VA: American Counseling Association.

REFEREED JOURNAL PUBLICATIONS

Littrell, J. M., & Peterson, J. S. (2002). Establishing a comprehensive group work program in an elementary school: An in-depth case study. *Journal for Specialists in Group Work, 27*(2), 161-172.

Peterson, J. S., & Littrell, J. M. (2002). Creating partnerships: A key counselor capability. *Dimensions of Counseling: Research, Theory and Practice, 30*(1), 22-26.

Littrell, J. M., & Peterson, J. S. (2001). Facilitating systemic change using the MRI problem-solving approach: One school's experience. *Professional School Counseling, 5*(1), 27-33.

Littrell, J. M., & Peterson, J. S. (2001). Transforming the school culture: A model based on an exemplary counselor. *Professional School Counseling, 4*(5), 310-319.

Littrell, J. M. (2001). Allen E. Ivey: Transforming counseling theory and practice. *Journal of Counseling and Development, 79*(1), 105-118.

Peterson, J. S., & Littrell, J. M. (2000). A school counselor creates a problem-solving culture. *International Journal of Educational Reform, 9*(4), 311-320.

Zinck, K., & Littrell, J. M. (2000). Action research shows group counseling effective with at-risk adolescent girls. *Professional School Counseling, 4*(1), 50-59.

Littrell, J. M., & Zinck, K. (1998). Brief counseling with children and adolescents. *Counseling and Human Development, 30*(9), 1-8.

Cruz, J., & Littrell, J. M. (1998). Brief counseling with Hispanic-American college students. *Journal of Multicultural Counseling and Development, 26*(4), 227-239.

Thompson, R., & Littrell, J. M. (1998). Brief counseling with learning disabled students. *The School Counselor, 2*(1), 60-67.

Littrell, J. M., Zinck, K., Nesselhuf, D., & Yorke, C. (1997). Integrating brief counseling and adolescents' needs. *Canadian Journal of Counselling, 31*(2), 99-110.

Littrell, J. M., Malia, J. A., & Vanderwood, M. (1995). Single-session brief counseling in a high school. *Journal of Counseling & Development, 73*(4), 451-458.

Littrell, J. M., Malia, J., Nichols, R., Olson, J., Nesselhuf, D., & Crandell, P. (1992). School counseling on the cutting edge: Single-session brief counseling. *The School Counselor, 39*(3), 171-175.

Littrell, M. A., Damhorst, M. L., & Littrell, J. M. (1990). Clothing interests, body satisfaction, and eating behavior of adolescent females: Related or independent dimensions. *Adolescence, 25*, 77-95.

- Nord, J. L., & Littrell, J. M. (1989). Predictors of supervisors' referrals of employees to an Employee Assistance Program. *Employee Assistance Quarterly*, 5(2), 21-40.
- Littrell, J. M., Aminah Haji Hashim, & Scheiding, S. K. (1989). Malaysian students' preferences for counselors: Effects of the sex and ethnic group of counsellors and students. *International Journal for the Advancement of Counselling*, 12(3), 181-190.
- Ohuche, N. M., & Littrell, J. M. (1989). Igbo students' attitudes toward supporting aged parents. *The International Journal of Aging and Human Development*, 29(4), 259-267.
- Das, A. K., & Littrell, J. M. (1989). Multicultural education for counseling: A reply to Lloyd. *Counselor Education and Supervision*, 29, 7-15.
- Damhorst, M. L., Littrell, J. M., & Littrell, M. A. (1987). Age differences in adolescent body satisfaction. *Journal of Psychology*, 121(6), 553-562.
- Littrell, J. M., Caffrey, P., & Hopper, G. (1987). The counselor's reputation: An important precounseling variable for adolescents. *Journal of Counseling Psychology*, 34, 228-231.
- Lundholm, J. K., & Littrell, J. M. (1986). Desire for thinness among high school cheerleaders: Relationship to disordered eating and weight control behaviors. *Adolescence*, 21, 573-579.
- Arp, R. S., Holmberg, K. S., & Littrell, J. M. (1986). Launching adult students into the job market: A support group approach. *Journal of Counseling and Development*, 65, 166-167.
- Crockett, S. J., & Littrell, J. M. (1985). Dietetic students' eating patterns: Comparisons with other college students. *Journal of Nutrition Education*, 17, 47-50.
- Littrell, J. M., Littrell, M. A., & Kuznik, A. (1983). Counselors' clothing: Meaning and impact in the community college. *Community/Junior College Quarterly of Research and Practice*, 7, 253-263.
- Littrell, M. A., & Littrell, J. M. (1983). Counselor dress cues: Evaluations by American Indians and Caucasians. *Journal of Cross-Cultural Psychology*, 14, 109-121.
- Littrell, J. M., & Littrell, M. A. (1982). American Indian and Caucasian students' preferences for counselors: Effects of counselor dress and sex. *Journal of Counseling Psychology*, 29, 48-57.
- Littrell, M. A., Littrell, J. M., & Kuznik, A. (1981). Formal/informal dimension in perceptions of counselors' dress. *Perceptual and Motor Skills*, 53, 751-757.
- Littrell, J. M., Lee-Borden, N., & Lorenz, J. (1979). A developmental framework for counseling supervision. *Counselor Education and Supervision*, 19, 129-136.
- Littrell, J. M. (1979). Effect of assigned role on causal attributions for behaviors. *Perceptual and Motor Skills*, 49, 232-234.
- Littrell, J. M. (1978). Concerns of beginning counselor trainees. *Counselor Education and Supervision*, 18, 29-35.

TECHNICAL REPORT

Littrell, J. M., Othman Mohamed, Aminah Haji Hashim, Ali Yacob, Rusnani Abd. Kadir, & Nordin Kardi. (1986). *A follow-up study on the effectiveness of the Universiti Pertanian Malaysia Guidance and Counseling Unit in training school counselors*. Fakulti Pengajian Pendidikan, Universiti Pertanian Malaysia.

CREATIVE PRODUCTS (PROFESSIONAL COUNSELING VIDEOTAPES)

Littrell, J. M. (2007). *Brief therapy with adolescents*, part of the Children and Adolescents APA Psychotherapy Video Series [DVD-100 minutes]. Available from the American Psychological Association.

Littrell, J. M. (2001). *Il counseling breve in azione* [2 VHS videotapes]. Rome, Italy: ASPIC. [Dubbing of Littrell's two videotapes (1) *Brief counseling in action I: Creating solutions with clients*, and *Brief counseling in action II: Three brief counseling cases*.]

Littrell, J. M., & Zinck, K. (2000). *Brief counseling with children and adolescents*. [Video-45 minutes]. Available from Microtraining Associates.

Littrell, J. M. (2000). *Brief counseling: Accentuating client strengths*. [Video-45 minutes]. Available from Microtraining Associates.

Littrell, J. M. (1999). *Brief counseling: A skills approach to living with physical challenge*. [Video-60 minute]. Available from Microtraining Associates.

Littrell, J. M. (1998). *Brief counseling in action I: Creating solutions with clients*. [Video-45 minutes]. Available from W. W. Norton.

Littrell, J. M. (1998). *Brief counseling in action II: Three brief counseling cases*. [Video-45 minutes]. Available from W. W. Norton.

Lilligren, I., & Littrell, J. M. (1995-1996). Consultant on University Research Grant for Lilligren's art project entitled DIS/COVERY: A WORK OF ART, Atrium, College of Design, Iowa State University, Ames, IA. I assisted in the creation of a computer/videocamera mechanism to record participants' responses.

Littrell, J. M. (1995). Co-produced an interactive video on brief counseling for the College of Education display at the Iowa State Fair, Des Moines, IA.

RESEARCH GRANTS

2004 *Eliciting and transforming dissertation-process metaphors*. Co-principal investigator with Dr. Kimberly Bundy-Fazioli. Funding: Research Advancement Award from the College of Applied Human Sciences Mini-Grant Award Program, \$500.00.

2004 *Adoption of brief counseling by school counselors: A test of two theoretical models*. Funding: CSU School of Education Research Advancement Award, \$1,342.

- 2001 *Adoption of comprehensive counseling and guidance programs by Iowa school counselors: A test of two theoretical models.* Funding: North Central Counselor Educators and Supervisors (NCACES), \$500.
- 2000 *Adoption of brief counseling by Iowa school counselors: A test of two theoretical models.* Funding: Research Institute for Studies in Education, ISU, \$400.
- 1998 (#1) *Brief counseling in action I: Creating solutions with clients*, and (#2) *Brief counseling in action II: Three brief counseling cases.* Produce two 45-minute videotapes to accompany my book *Brief Counseling in Action*. Funding: W. W. Norton, \$5000.
- 1998 *Brief counseling with children and adolescents.* Produce a 45-minute videotape. Funding: American School Counselor Association (ASCA), \$5000.
- 1997 Faculty Development Grant for (1) interviewing Dr. Allen Ivey for journal manuscript, and (2) producing brief counseling videotapes. Funding: Iowa State University.
- 1996 *Taiwan Provincial Institute for Secondary School Teachers' In-service Education.* Funding: Department of Education Taiwan Provincial Government, Republic of China, \$45,000.
- 1989-91 *Brief counseling in the secondary schools: An empirical analysis of a brief counseling model.* Funding: American Association for Counseling and Development Foundation, \$10,000.
- 1988-89 *Brief counseling in the public schools: An empirical analysis of components of a brief counseling model.* Funding: ISU Research Grants Program and Research Institute for Studies in Education, \$500.
- 1986 *Follow-up study of the guidance and counseling unit, Universiti Pertanian Malaysia, 1985.* Evaluation project directed by John M. Littrell. Funding: Fakulti Pengajian Pendidikan, Universiti Pertanian Malaysia.
- 1985-86 *Variables affecting the credibility and interpersonal attractiveness of school counselors.* Co-Principal Investigator with Aminah Haji Hashim, Universiti Pertanian Malaysia. Funding: Fakulti Pengajian Pendidikan, Universiti Pertanian Malaysia.
- 1983-84 *Anorectic and bulimic behavior among high school cheerleaders: Instrument development.* Co-Principal Investigator with Mary A. Littrell, Mary Lynn Damhorst, and Jean Lundholm. Funding: ISU Graduate College Mini-Grant, Research Institute for Studies in Education, and Home Economics Research Institution.
- 1982-83 *Counselors' credibility and interpersonal attraction.* Funding: ISU Research Grants Program and Research Institute for Studies in Education.
- 1977-78 *The effects of counselor attire on counselor and student interactions.* Co-Principal Investigator with Mary A. Littrell, Department of Textiles and Clothing. Funding: Faculty Research Grants, U. of North Dakota and North Dakota State U.

1976-77 *The effects of elimination of self-defeating behavior workshops on UND Students' self-defeating behaviors.* Funding: Faculty Research Grant, U. of North Dakota.

INTERNATIONAL ACTIVITIES

- 2006 **Italy.** *Advanced workshop in brief counseling solutions.* Workshop presented for Italian counselors and sponsored by Meta Modelli, Rome.
- 2005 **Italy.** *Delightful methods for changing quickly: Brief counseling in action.* Italian Counseling Association Conference, Rome.
- 2005 **Italy.** *Finding solutions: Sometimes a cigar is just a cigar.* Presented at the Italian Counseling Association Conference, Rome.
- 2005 **Italy.** *Brief ways of helping: Searching for "simple" solutions.* Workshop presented for Italian counselors and sponsored by Meta Modelli, Rome.
- 2004 **India.** Consultation with men's support group, Mumbai.
- 2003 **Italy.** *Brief counseling: Searching for "simple" solutions.* Workshop sponsored by the Italian Counseling Association (SiCO), Rome.
- 2003 **Italy.** *Brief Counseling: Searching for "simple" solutions.* Workshop presented at the Italian Counseling Association Conference (SiCO), Rome.
- 1998 **Taiwan.** *Brief counseling in action.* Workshops and lectures at Buddhist Counseling Centers: (1) Taipei "Guang-Yin Line" Buddhist Counseling Center, Taipei, (2) Taichung Guan Ying Buddhist Counseling Center, Taichung, & (3) Kaohsiung Guang-Yin Line Buddhist Counseling Center, Kaohsiung.
- 1998 **Puerto Rico.** ISU Faculty Improvement Leave. Taught counseling courses at Roosevelt Roads Naval Base for Mississippi State University.
- 1993 **Canada.** *Brief counseling in action.* Workshops sponsored by the Canadian Guidance and Counselling Association were presented in Nova Scotia, Prince Edward Island, Newfoundland, & New Brunswick.
- 1989 **Singapore.** *Brief counseling.* Presented a series of brief counseling workshops for the following organizations: (1) Counselling and Care Centre, & (2) Singapore Counsellors for Singapore.
- 1988 **Malaysia, Singapore, & Philippines.** *Complex problems and simple solutions: Asian applications of brief counseling.* Workshops presented at the following institutions and organizations: (1) Institut Teknologi MARA (ITM), Shah Alam, Malaysia; (2) Institut Teknologi MARA (ITM), Malaka, Malaysia; (3) Counselling and Care Centre, Singapore; (4) Singapore Association for Counseling, Singapore; (5) De la Salle University, Manila, Philippines; & (6) Philippines Association of Psychological and Educational Counselors of Asia, Manila, Philippines.
- 1987 **Malaysia.** *The counselor's reputation: An important precounseling variable for adolescents.* Lecture presented at Universiti Malaya.

- 1998 **Malaysia.** *Basic helping skills for hospital psychiatric staff.* Lecture presented at General Hospital, Kuala Lumpur.
- 1986 **Malaysia.** *Creating a desire to learn: A workshop for teachers.* Institut Teknologi MARA—Shah Alam.
- 1986 **Malaysia.** *Change through Neuro-Linguistic Programming.* Workshop presented at: (1) Institut Teknologi MARA—Shah Alam, & (2) Universiti Pertanian Malaysia.
- 1986 **Indonesia.** One-week follow-up study visit to the village of Peliatan, Bali, Indonesia. Spent one week in Yogyakarta.
- 1986 **Malaysia.** *Improving academic advising using counseling skills.* Lectures presented at the branch campuses of Institut Teknologi MARA (ITM): (1) ITM—Sarawak, (2) ITM—Sabah, (3) ITM—Johor Segamat, (4) ITM—Dungun, & (5) ITM—Perlis.
- 1985 **Malaysia.** *Rewards and frustrations of doing research.* Lecture presented at: (1) Institut Teknologi MARA-Shah Alam, & (2) Universiti Pertanian Malaysia.
- 1985 **Malaysia.** *Creating a desire to learn: A workshop for teachers.* Lecture presented at Institut Teknologi MARA—Shah Alam.
- 1985-86 **Thailand.** Study visit to Bangkok and northern Thailand. Funded by Fulbright Program.
- 1985-86 **Malaysia.** Fulbright Professor in Malaysia from July 1985 until July 1986. Taught, consulted, and conducted research at Universiti Pertanian Malaysia and Institut Teknologi MARA. Traveled to all 13 states in Malaysia. Participated in cultural events of the Malays, Chinese, and Indians.
- 1984 **Malaysia.** Study visit to Malaysia to discuss counselor education programs, university counseling centers, and secondary school counseling programs. Visits were made to Universiti Pertanian Malaysia, Institut Teknologi MARA, and three secondary schools in the Kuala Lumpur area.
- 1984 **Indonesia.** Ten-day Seminar on Neuro-Linguistic Programming led by Dr. John Grinder, co-founder of Neuro-Linguistic Programming (NLP). Seminar on intensive study of Balinese culture was held in the small village of Peliatan, Bali.
- 1983 Participant in the International Development Advisory Team [DAT] Training Session supported at ISU through the USAID [Agency for International Development] Title XII Strengthening Grant. One week of intensive training in multi-disciplinary team building for Third World development projects.
- 1981-83 Participant in the faculty Spanish class sponsored by the World Food Institute, ISU.

DOCTORAL AND MASTERS DEGREE STUDENTS: MAJOR PROFESSOR

Counselor Education at Iowa State University had only a Masters degree program after 1990.

- 2005 DeWall, D. *Family relationships and college adjustment of first-generation college students.* Ph.D. dissertation.

- 2005 Santiago, A. *Asian International Students' Ethnic Identity, Spirituality, Acculturation, and Experience of Racism: Relationship with Attitude toward Seeking Professional Therapeutic Help*. Ph.D. dissertation. Co-major professor.
- 2004 Majoros, S. R. *The significance of the relationships of counselors and administrators evidenced during solution-focused conversations seminars*. M.S. thesis.
- 2004 Steele, M. E. *Solution-focused conversations of school counselors and administrators in select central Iowa schools*. M.S. thesis.
- 2002 Zinck, K. *Couples making transformative change: A grounded theory study*. Ph.D. dissertation. Co-major professor for a student in Marriage and Family Therapy.
- 2001 Preston-Royer, N. *The influence of self-concealment and information about counseling on intentions to seek counseling*. M.S. thesis.
- 1995 Thompson, R. *Brief counseling with learning disabled students*. M.S. thesis.
- 1994 Ciccotti, P. R. *Assessing the impact of Second Helping Training on family child care providers*. M.S. thesis.
- 1992 Cruz, J. *Descriptive study of Hispanic-American students' experience with brief counseling*. M.S. thesis.
- 1992 Reimers, S. E. *The perception of marital satisfaction of clergy wives*. M.S. thesis.
- 1992 Lunde, J. B. *Processes of change among adolescent substance abusers and their families: Naturalistic case reports*. M.S. thesis.
- 1992 Adkins, D. G. *Assessing testing practices of mental health professionals*. M.S. thesis.
- 1991 Young, L. M. *A brief counseling approach to procrastination: Analysis of a brief counseling model*. M.S. thesis.
- 1991 Root, K. K. *Efficacy of social support task interventions in single-session counseling*. M.S. thesis.
- 1990 Edgerton, C. *Psychodrama: A report on the therapeutic effects on the protagonist*. M.S. thesis.
- 1990 Moton, C. *Biracial children's self-concept: Comparison of self ratings with mothers' perceptions*. M.S. thesis.
- 1990 Yeh, C. *Divorced and intact Taiwanese families: Congruency between children's perceived self-concept and parents' perceptions*. M.S. thesis.
- 1989 Christensen, M. A. *Components of a brief counseling model: Effects on students' goal attainment*. M.S. thesis.
- 1988 Wilson, L. E. *Contributions of an educational program to the elderly's knowledge of drugs and drug taking behavior*. M.S. thesis. Awarded the Duane Gimmel/Phi Delta Meritorious Thesis for the 1987-1988 Academic Year.

- 1988 Hoffman, P. J. *Journal writing: The effects of teacher feedback on high school students' attempts to solve problems*. M.S. thesis.
- 1988 Nord, J. *Predictors of supervisors' referrals of employees to an Employee Assistance Program*. Ph.D. dissertation.
- 1986 Lundholm, J. K. *The assessment of disordered eating and weight control behaviors of Iowa State University females: Instrument development*. M.S. thesis.
- 1980 Lorenz, J. R. *The relationships among family structure, family environment and satisfaction with college*. Ph.D. dissertation.
- 1980 Waltonen, S. *The effects of counselor clothing upon college students' perceptions of counselor core dimensions and willingness to discuss concerns*. Ph.D. dissertation.

In addition to the above, I served as the major professor for more than 100 students who completed Creative Components for their M.S. degrees in Counselor Education at ISU.

REFEREED PRESENTATIONS

- Littrell, J. M. (2007). *Standing on the shoulders of giants: Employing heuristics in supervision*. Association for Counselor Education and Supervision Conference, Columbus, OH.
- Littrell, J. M. (2006). *Diffusing an innovative practice: The spread of brief counseling among school counselors*. North Central Association for Counselor Education and Supervision Conference, Kansas City, MO.
- Littrell, J. M. (2006). *Kaizen: Small steps for continuous student improvement*. North Central Association for Counselor Education and Supervision Conference, Kansas City, MO.
- Littrell, J. M. (2005). *Eliciting and transforming dissertation-process metaphors*. Association for Counselor Educators and Supervisors National Conference, Pittsburgh, PA.
- Littrell, J. M., & Bartlett, J. (2005). *Blacksmith and watch repairers: Are school counselors the next to go?* Association for Counselor Educators and Supervisors National Conference, Pittsburgh, PA (Oct. 21, 2005)
- Littrell, J. M. (2005). *Kaizen: Small steps for continuous client improvement*. Colorado School Counseling Association Annual Meeting, Longmont, CO.
- Littrell, J. M. (2003). *Changing a school culture: Realizing MRI's potential*. The Brief Therapy Network 2003 Annual Conference, Toronto, Canada.
- Wickman, S., Thomson, S., & Littrell, J. M. (2003). *Metaphors from hell: Talking the Walk*. Illinois Counseling Association, Springfield, IL.
- Wickman, S., Thomson, S., & Littrell, J. M. (2003). *Say more with less words: The wisdom of counseling in sound bytes*. Illinois Counseling Association, Springfield, IL.
- Littrell, J. M. (2003). *Changing a school culture: Realizing MRI's potential*. The Brief Therapy Network 2003 Annual Conference, Toronto, Canada.

- Littrell, J. M. (2003). *New methodology in brief counseling*. Italian Counseling Association (SiCO) Conference, Rome, Italy.
- Littrell, J. M., Vangstad, C., Young, S., & Holdorf, G. (2002). *The school culture: Appreciative Inquiry goes to school*. European Brief Therapy Association Conference, Cardiff, Wales.
- Littrell, J. M., & Bartlett, J. (2001). *Cooperative learning teams in learning-centered classrooms*. North Central Association of Counselor Educators and Supervisors Conference, Chicago, IL.
- Littrell, J. M., Peterson, J. S., & Vangstad, C. (2001). *Changing a school culture*. American School Counselor Association National Convention, Portland, OR.
- Littrell, J. M., & Peterson, J. S. (2000). *Transforming a school culture: A model for training school counselors as educational leaders*. North Central Association for Counselor Education and Supervision Annual Conference, Indianapolis, IN.
- Littrell, J. M. (1999). *New developments in brief counseling*. Association of Counselor Educators and Supervisors Conference, New Orleans.
- Littrell, J. M. (1999). *Counselors as leaders*. Iowa Counselors Association Annual Conference. Ames, IA.
- Littrell, J. M. (1997). *Therapeutic uses of clothing in brief counseling*. International Textile & Apparel Conference, Lyon, France.
- Littrell, J. M., & Peterson, J. S. (1997). *An activist school counselor and an active research model: Social change through empowerment*. North Central Association for Counselor Education and Supervision Annual Conference, St. Louis, MO.
- Littrell, J. M. (1997). *Therapeutic uses of clothing in brief counseling*. North Central Association for Counselor Education and Supervision Annual Conference, St. Louis, MO.
- Peterson, J. S., & Littrell, J. M. (1997). *Professional definition: The dangers of institutional inaction*. North Central Association for Counselor Education and Supervision Annual Conference, St. Louis, MO.
- Littrell, J. M., & Vangstad, C. (1997). *Brief counseling in elementary schools*. Counseling Association Annual Convention, Orlando, FL.
- Littrell, J. M., & Zinck, K. (1996). *Integrating brief counseling and human needs with a little help from Sgt. Pepper*. Association of Psychologists and Educational Counsellors of Asia (APECA). Phitsanuloke, Thailand.
- Littrell, J. M., & Nesselhuf, D. (1996). *Integrating brief counseling and human needs with a little help from Sgt. Pepper*. Iowa Counseling Association Conference, Des Moines, IA.
- Littrell, J. M., & Vangstad, C. (1995). *Brief counseling in groups: Using Bomb Squads*. American Counseling Association Annual Convention, Denver, CO.
- Littrell, J. M. & Vangstad, C. (1994). *Brief counseling in groups: Using Bomb Squads*. American School Counselor Association Annual Convention, Anaheim, CA.

- Littrell, J. L. (1994). *Come together*. North Central Association for Counselor Education & Supervision Convention, Milwaukee, WI.
- Littrell, J. M. (1992). *Teaching counseling theories that future counselors will not ignore*. Association for Counselor Education and Supervision Convention, San Antonio, TX.
- Littrell, J. M., & Clark, L. (1991). *Body-markings of Mesquakie adolescents*. Popular Culture Association Convention, San Antonio, TX.
- Littrell, J. M. (1991). *Brief counseling: A single-session model*. American School Counselor Association Conference, Des Moines, IA.
- Littrell, J. M., Crandell, P., Olson, J., Malia, J., Nichols, R., & Nesselhuf, D. (1990). *Implementing brief counseling: The Sioux City experience*. Iowa Association for Counseling and Development, Des Moines, IA.
- Littrell, J. M., Christensen, M. A., Malia, J., & Young, L. (1990). *Brief counseling: An intensive way of caring*. American Association for Counseling and Development, Cincinnati, OH.
- Littrell, J. M., Christensen, M. A., Malia, J., & Young, L. (1989). *Brief counseling: An intensive way of caring*. North Central Association for Counselor Education and Supervision Convention, Milwaukee, WI.
- Littrell, J. M., Christensen, M. A., Malia, J., & Young, L. (1989). *Brief counseling in action*. Annual Fall Convention of the Iowa Association for Counseling and Development, Des Moines, IA.
- Littrell, J. M., Christensen, M. A., Malia, J., & Young, L. (1988). *Brief counseling: Approaching complex problems with simple solutions*. Annual Fall Convention of the Iowa Association for Counseling and Development, Des Moines, IA.
- Littrell, J. M. (1988). *Ethical issues in international consultation*. 1988 Annual Convention of the American Association for Counseling and Development, Chicago, IL.
- Littrell, J. M. *Outcomes on supervision of clients*. (1988). National Association for Counselor Education and Supervision Convention, St. Louis, MO.
- Littrell, J. M., & Aminah Haji Hashim. (1988). *Malaysian students' preferences for counsellors: Effects of sex and ethnic group of counsellors and students*. Seventh Biennial Conference for the Association of Psychological and Educational Counselors of Asia, Bangkok, Thailand.
- Littrell, J. M. (1987). *Complex problems and simple solutions: Applications of de Shazer's brief therapy to supervision*. North Central Association for Counselor Education and Supervision Convention, St. Louis, MO.
- Littrell, J. M. (1986). *Counseling supervision: A developmental framework*. North Central Association for Counselor Education and Supervision Convention, Kansas City, MO.
- Littrell, J. M. (1985). *Neuro-Linguistic Programming in crisis counseling*. Sixth Biennial Conference for the Association of Psychological and Educational Counselors of Asia, Singapore.

- Lundholm, J. K., & Littrell, J. L. (1985). *The relationship of the perceived importance of thinness to components of eating disordered behavior: A study of high school cheerleaders*. American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD) Convention, Atlanta, GA.
- Littrell, J. M. (1984). *Designing fun ordeals: Applications of ordeal therapy*. Annual Fall Convention of the Iowa Association for Counseling and Development, Des Moines, IA.
- Littrell, J. M. (1983). *Personal metaphors for counseling excellence*. Iowa Personnel and Guidance Association Annual Meeting, Des Moines, IA.
- Littrell, J. M. (1983). *Metaphors for personal change*. Iowa Association for Counselor Education and Supervisors, Marshalltown, IA.
- Littrell, J. M. (1982). *Moving trainees to resourceful states*. North Central Association for Counselor Education and Supervision Convention, Minneapolis, MN.
- Littrell, J. M. (1982). *Neuro-Linguistic Programming: Applications to spelling and math*. Iowa Curriculum and Instruction Conference, Ames, IA.
- Littrell, J. M. (1981). *Rapport and empathy: A Neuro-Linguistic Programming approach*. Iowa Personnel and Guidance Association Annual Meeting, Des Moines, IA.
- Littrell, J. M., Littrell, M. A., & Kuznik, A. (1981). *Counselor clothing: Impact and meaning across setting*. Annual Convention of the American Personnel and Guidance Association, St. Louis, MO.
- Littrell, J. M. (1980). *Overcoming Fears: The Neuro-Linguistic Programming Approach*. North Central Association for Counselor Education and Supervision Convention, Lafayette, IN.
- Littrell, J. M., & Yager, G. G. (1978). *Counseling supervision: A consumer's guide*. North Central Association for Counselor Education and Supervision Convention, Chicago, IL.
- Littrell, J. M. (1978). *Goal Attainment Scaling: Providing evaluation and help*. Annual Convention of the American Personnel and Guidance Association, Washington, D.C.
- Littrell, J. M., Lorenz, J., & Lee-Borden, N. (1977). *Supervision as a professionalizing process: A developmental framework*. North Central Association for Counselor Education and Supervision Convention, Chicago, IL.
- Littrell, J. M., Berg, D., & Pace, D. (1976). *Teach me to swim before you throw me in: A developmental approach to values training in counselor education*. North Central Association for Counselor Education and Supervision Convention, Kansas City, MO.
- Littrell, J. M. (1976). *The effect of role on causal attributions for counselor trainee behaviors*. 84th Annual Meeting of the American Psychological Association, Washington, D.C.

AMERICAN COUNSELING ASSOCIATION NATIONALLY INVITED BRIEF COUNSELING WORKSHOPS (1991-1997)

Raleigh, NC

Boston, MA

New York, NY

Chicago, IL

Buffalo, NY

San Francisco, CA

Vancouver, Canada

Portland, OR

Tulsa, OK

Houston, TX

Birmingham, AL	Savanna, GA	Del Mar, OK	Richmond, VA	Washington, D.C.
Baltimore, MD	Sacramento, CA	Atlanta, GA	Louisville, KY	Portland, ME
Milwaukee, WI	Nashville, TN	Portland, ME	New York, NY	Spokane, WA
Chattanooga, TN				

BRIEF COUNSELING WORKSHOPS AND PRESENTATIONS (UNITED STATES)

- 2007 *Brief counseling.* Larimer County Work Force. Fort Collins, CO.
- 2007 *Speeding up the process of change with solution-focused techniques.* Rich Feller's workshop for career specialists. Vail, CO.
- 2006 *Solution-focused coaching to motivate clients.* Rich Feller's two workshops on "Tips, Tools, and Techniques in Career Development, (1) Colorado State University, and (2) Adams County Workforce and Business Center, Westminster, CO.
- 2005 *Solution-focused conversations.* Poudre School District In-service Day, Fort Collins, CO.
- 2005 *Brief counseling in action.* Simpson College, Indianola, IA.
- 2004 Teaming principals and counselors to create solution-focused schools. Heartland AEA, Johnston, IA. [3-day workshop and research project]
- 2004 Delightful methods for changing quickly: Brief counseling in action. Iowa Community College Counselors, Ankeny, IA.
- 2004 *Solution-focused strategies for working with anxious people.* Region 1 CDC, Emergency preparedness Conference, Iowa State University.
- 2003 *Brief counseling in action.* Indiana Counseling Association, Region 4, Lafayette, IN.
- 2003 *Changing a school culture: Applications of brief counseling.* Illinois Counseling Association Annual Conference, Springfield, IL.
- 2003 *Delightful methods for changing quickly: Brief counseling in action.* Illinois Counseling Association Annual Conference, Springfield, IL.
- 2002 *Applications of brief counseling.* Mary Greeley Hospital, Ames, IA.
- 2002 *Brief counseling techniques in nutrition education.* Veggie Grant Training Update. ICN broadcast.
- 2002 *Brief counseling in action.* Ankeny School Counselors, Ankeny, IA.
- 2002 *Eliciting cooperation: A solution-focused approach.* EFNEP/FNP Nutrition Education Conference, Ames, IA.
- 2001 *Brief counseling in action.* Bremwood Lutheran Services, Charles City, IA.
- 2001 *Brief counseling: Working with obese children.* Iowa Conference on Childhood Obesity, Newton, IA.

- 2001 *Brief counseling in action.* 22nd Annual Summer School for Helping Professionals, The University of Iowa, Iowa City, IA.
- 2001 *Brief counseling for school counselors.* Mississippi Bend Area Education Agency, Bettendorf, IA.
- 2001 Counselor Day, Indian Hills Community College, Ottumwa, IA.
- 2000 *Brief counseling in action.* 21st Annual Summer School for Helping Professionals, The University of Iowa, Iowa City, IA.
- 2000 *Brief counseling in action.* Mississippi Bend Area Education Agency, Bettendorf, IA.
- 2000 *Brief Counseling for Dialysis Patients.* Mary Greeley Hospital, Ames, IA
- 1999 *Brief counseling for school psychologists.* School Psychologists Annual Conference, Des Moines, IA.
- 1999 *Building on people's strengths.* Open University of Kaohsiung, Taiwan.
- 1999 *Working with parents of young children: Brief counseling ideas.* Fu-Yin Institute of Technology, Kaohsiung, Taiwan.
- 1999 *Brief counseling in action.* 20th Annual Summer School for Helping Professionals, The University of Iowa, Iowa City, IA.
- 1999 *Brief counseling.* Prairie Ridge Addiction Treatment Center, Mason City, IA.
- 1998 *Brief counseling.* Inner Harbor Hospital, Douglasville, GA.
- 1998 Iowa Mental Health Counselors Association (IMHCA) Annual Conference. Cedar Rapids, IA.
- 1998 *Brief counseling in action.* 19th Annual Summer School for Helping Professionals, The University of Iowa, Iowa City, IA.
- 1997 Truman State University, Kirksville, MO.
- 1997 Center for Addictions Recovery, Ames, IA.
- 1997 Heartland Senior Services Peer Helpers, Ames, IA.
- 1997 Dubuque Elementary School Counselors, Dubuque Public Schools, Dubuque, IA.
- 1997 Iowa Mental Health Counselors Annual Conference, University of Northern Iowa, Cedar Falls, IA.
- 1996 SATUCI—Substance Abuse, Marshalltown, IA.
- 1996 Western Illinois University, McComb, IL.
- 1996 17th Annual Summer School for Helping Professionals, The University of Iowa, Iowa City, IA.
- 1996 Prairie Ridge—Substance Abuse, Marshalltown, IA.
- 1995 16th Annual Summer School for Helping Professionals, The University of Iowa, Iowa

- City, IA.
- 1995 Iowa Counseling Association Annual Conference, Des Moines, IA.
- 1995 Mid-East Pennsylvania School Psychologists Association Convention, Allentown, PA.
- 1995 Iowa Substance Abuse Program Directors Association, Des Moines, IA.
- 1995 Educators' Day. Northwest Missouri State University, Maryville, MO.
- 1995 Adolescent Day Treatment Center of Douglas County, Eugene, OR.
- 1994 Northern Illinois University, DeKalb, IL.
- 1994 Heartland Guidance Department, Area Education Agency 11, Johnston, IA.
- 1994 Iowa Counseling Association Annual Conference, Des Moines, IA.
- 1994 Des Moines Area Community College—Ankeny Campus, Ankeny, IA.
- 1994 Northern Illinois University, DeKalb, IL.
- 1994 Eighth Annual Workshop for Professionals. Sponsored by the Psychological Associates of the Black Hills, Rapid City & Sioux Falls, SD.
- 1993 Berrien Springs Intermediate School District, Berrien Springs, MI.
- 1993 Oregon School Counseling Association Annual Conference, Keynote speech and workshop, Seaside, OR.
- 1993 Missouri School Counseling Association Annual Conference, Pre-convention workshop, Columbia, MO.
- 1993 North Central Alcoholism Research Foundation, Fort Dodge, IA.
- 1993 Oklahoma State Health Department, Tulsa, OK.
- 1992 American Association for Counseling and Development, Pre-convention workshop, Baltimore, MD.
- 1992 South Carolina School Counseling Association Annual Conference, Pre-convention workshop, Charleston, SC.
- 1992 South Carolina Association for Counseling and Development Annual Conference, Preconvention workshop, Hilton Head, SC.
- 1991 American Association for Counseling and Development, Pre-convention workshop, Reno, NV.
- 1991 Consortium: South Carolina, Winthrop College, Winthrop, SC.
- 1991 West Central Iowa Mental Health Center, Adel, IA.
- 1991 Ohio Association for Counseling and Development, Columbus, OH.
- 1991 Heartland Area Education Agency, Ankeny, IA.
- 1991 Keystone Area Education Agency, Northeast Iowa Community College, Calmar, IA.

- 1991 Southern Prairie Area Education Agency, Ottumwa, IA.
- 1991 Dubuque Community Schools, Dubuque, IA.
- 1991 Seminole Community College, Orlando, FL.
- 1990 Iowa Association for Counseling and Development Preconvention Workshop, Des Moines, IA. Co-presented with Sue Johnson.
- 1990 Western Hills Area Education Agency, Sioux City, IA.
- 1990 Milwaukee Area Technical College, Milwaukee, WI.
- 1990 North-Central Iowa Mental Health Center, Fort Dodge, IA.
- 1990 Iowa Association for Counseling and Development Annual Convention, Workshop and program, Des Moines, IA.
- 1989 Extension Area Directors. Iowa State University.
- 1989 Student Counseling Service, Iowa State University.
- 1989 Hampton Public School Teachers' In-Service, Hampton, IA.
- 1987 Story County Counselors' Meeting, Ames, IA.

INVITED PAPERS AND PRESENTATIONS (OTHER THAN BRIEF COUNSELING)

- 1988 Littrell, J. M. *Bodies, gender, and growing up. Parent/Child Sexuality Education Class.* The People Place, Ames, IA.
- 1988 Littrell, J. M. *Basic helping skills for hospital psychiatric staff.* General Hospital, Kuala Lumpur, Malaysia.
- 1987 Littrell, J. M. *Introduction to Neuro-Linguistic Programming.* Gerard of Iowa, Mason City, IA.
- 1984 Littrell, J. M. *Coping skills for school persons, K-12.* Warren County Counselors, Indianola, IA.
- 1984 Littrell, J. M. *Helping people change: Applications of Neuro-Linguistic Programming.* Presented for the following organizations: (1) Green Valley Area Education Agency #14, Creston, IA, & (2) Hillcrest Family Services, Cedar Rapids, IA.
- 1984 Littrell, J. M. *Creating states of excellence: Professional applications.* ISU Professional Improvement Day, Ames, IA.
- 1983 Littrell, J. M. *How to use your internal resources. New Dimensions (a support group for the formerly married),* Ames, IA.
- 1983 Littrell, J. M. *Coping with long distance relationships.* Ames-ISU YWCA, Ames, IA.

- 1982-83 Littrell, J. M. *Counseling for rapid change*. Presented for the following organizations: (1) Heartland Area Education Agency, Ankeny, IA; (2) Iowa Personnel and Guidance Association Regional Conference, Bettendorf, IA; (3) Arrowhead Area Education Agency, Twin Lakes, IA; & (4) Iowa Personnel and Guidance Association Regional Conference, Council Bluffs, IA.
- 1982 Littrell, J. M. *Moving trainees to resourceful states*. Iowa Personnel and Guidance Association, Chapter 1 Annual Meeting, Sioux City, IA.
- 1981 Littrell, J. M. *Applications of Neuro-Linguistic Programming*. Juvenile Probation Officers, Cedar Rapids, IA.
- 1981 Littrell, J. M. *Adolescent eating disorders*. Panelist on WOI-TV show, "Young People Speak Out, Ames, IA.
- 1981 Littrell, J. M. *Neuro-Linguistic Programming: An introduction*. Counselor Vertical Meeting, Ames, IA.
- 1980 Littrell, J. M. *Speaking the parents' language*. Story County Counselors' Meeting, Ames, IA.
- 1979 Littrell, J. M., & Littrell, M. A. (1979, March). *Balancing priorities in a dual career marriage*. Third Annual Danstrom Conference, University of North Dakota.
- 1977-78 Littrell, J. M. *Weight loss workshop*. University of North Dakota Counseling Center, Grand Forks, ND.
- 1976 Littrell, J. M. *Eliminating Self-Defeating Behaviors workshop*. University of North Dakota Counseling Center, Grand Forks, ND.

TEACHING EXPERIENCE

Courses Taught at Colorado State University (2004-present)

- Practicum—Guidance & Counseling
- Qualitative Methods
- Career Development Counseling
- Independent Study

Courses Taught at Iowa State University (1980-2004)

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|--------------------------------|--|
| ▪ Human Interaction & Learning | ▪ Group Counseling Laboratory |
| ▪ Foundations of Counseling | ▪ Group Counseling Practicum |
| ▪ Art of Helping | ▪ Occupational Choice & Development |
| ▪ Microcounseling | ▪ Use of Assessment Instruments in Counseling & Consultation |
| ▪ Individual Counseling I | ▪ Enhancing Schools & Communities I |
| ▪ Counseling Techniques | ▪ Social & Cultural Issues in Counseling |
| ▪ Counseling Theories | ▪ Elementary School Counseling Practicum |
| ▪ Facilitating Groups I | |
| ▪ Counseling Group | |

- Secondary School Counseling Practicum
- Community Counseling Practicum
- Supervision of Counseling Practicum
- Workshops: Structure of Change I & II
- Workshop: Brief Therapy
- Seminar: Family Consultation
- Seminar: Structure of Change
- Creative Component (Research Project)
- Research (Theses & Dissertations)

Courses Taught for Mississippi State University in Puerto Rico (1998)

- Counseling Skills
- Placement and Career Development

Courses Taught at the University Of North Dakota (1975-1980)

- Principles of Guidance & Student Personnel Work
- Counseling Methods
- Group Dynamics
- Supervised Counseling Practicum I
- Internship in Counseling
- Research Methods
- Seminar in Research Design (doctoral)
- Seminar in Marriage Counseling

PROFESSIONAL ACTIVITIES

Memberships

- American Counseling Association (ACA) (1975-
 - Colorado Counseling Association (CCA) (2004-
 - Iowa Counseling Association (ICA) (1980-2004)
- Association for Counselor Education and Supervision (ACES) (1975-
 - North Central Association for Counselor Education and Supervision (NCACES) (1975-
 - President 1992-1993
 - Rocky Mountain Association for Counselor Education and Supervision (RMACES) (2004-
 - Iowa Association for Counselor Education and Supervision (IACES) (1980-2004)
 - President 1986-1987
 - Program and Membership Chair 1984-1985
- American School Counselor Association (ASCA) (1996-
 - Colorado School Counselor Association (CSCA) (2004-
 - Iowa School Counseling Association (ISCA) (1996-2004)

Editorial Boards

- 1998-2001 *Professional School Counseling*, American School Counselor Association.
 2001-2004 Two terms.
- 1992-1995 *Counselor Education and Supervision*, American Counseling Association.
 2005-2008 Two terms.

Book Reviewer

- Merrill Prentice Hall
- W. W. Norton
- Love Press
- American School Counselor Association
- Houghton Mifflin/Lahaska Press
- Oxford Press
- American Counseling Association

License

1999-2004 National Board of Certified Counselors

Professional Community Service

- 1975- Small private counseling practice.
- 1980-1983 Board of Directors, Center for Personal Development: A half-way house for ex-psychiatric patients. President of the Board of Directors for two terms: 1982-1984. Ames, IA.
- 2007- Mediator, City of Fort Collins, CO.

COMMITTEE SERVICE (COLORADO STATE UNIVERSITY, 2004-)*University*

- Sexual Harassment Panel (2004-2007)
- Governance Task Force (2006-

College

Research and Development Partnership Center Advisory Committee

School of Education

- Counseling and Career Development, Program Chair (2004-
- Director's Search Committee (2004-2005)
- Research Methodology and Design Faculty Committee (2004-
- Graduate Programs Committee (2005-
- Executive Team (2005-
- Grade Appeal Committee (2005)
- External Environment Subcommittee (2005-

COMMITTEE SERVICE (IOWA STATE UNIVERSITY, 1980-2004)*University*

- All-University Judiciary Committee, Chair 1986-1989
- Faculty Senate Appeals Committee, 1983-1985, 1987-88, 1995-1999
- Sexual Harassment Assistor (1994-present)
- Faculty Senate Committee on Professional Development

Faculty Senate Committee on Governance Structure and Documents
 Fulbright Graduate Study and Research Abroad Evaluation Committee
 Graduate College Advisory Committee on Counseling Programs
 Association of Malaysian Student at ISU, Faculty Advisor
 Seminars 80
 Review Committee for ISU Study Abroad Program
 University Committee on Women
 Volunteer Counselor at ISU Student Counseling Service
 In-service seminars and presentations for Student Counseling Service; Counseling
 Psychology; Marriage and Family Therapy Program; & Research and Evaluation.

College of Education

Diversity and Equity
 Faculty Professional Development, Chair
 Scholarships, Honors, and Awards
 Awards Committee for Professional Studies, Chair
 Human Relation Committee, Chair
 Faculty Improvement Leave Committee
 Lectures and Seminars Committee
 Dean's Faculty Council
 International Education Programs Advisory Council
 Academic Standards and Admissions (2001-2004)
 International Programs (2002-2004)
 ISU Minority Leadership Board Mentoring Program
 Promotion and Tenure
 Governance Consolidation Committee

Department of Educational Leadership and Policy Studies

Program Coordinator of Counselor Education (1992-2004)
 Admissions Committee
 Research Committee
 OLHRD Review Committee
 Curriculum Committee
 Rubrics Committee
 Faculty Search Committees
 Department Chair Search Committees
 Professional Development Review Committees